

2012

IN 2012 AMANDA BECAME CERTIFIED AND REGISTERED WITH ASSOCIATION OF APPLIED SPORT PSYCHOLOGISTS (AASP)

Believe Consulting currently offers Sport Psychology support to the following sports and arts:

- Professional Dancer.
- GB and Olympic Skiers.
- GB and Olympic Snowboarder.
- GB and Olympic Cyclist.
- Snowsport England British Alpine Development Team.
- Home Nations GB Skiers.
- Professional and International Rugby Union Players (Aviva Premiership).
- GB International World Ranked Tennis players (Top 200 ranked).
- GB Rower's & Olympic Rowers
- Professional and International Cricketers.
- Professional Water skiers

Alongside this Amanda, has also worked in Business and Leadership Coaching:

- 2012 Senior Executive coaching to FTSE Technology, Finance, Investment Banking.
- Barclays Wealth Executive Coaching.
- ATOS Senior Technology Management
- Barclays Bank Plc HQ 1, Churchill Place- Seminars, workshops as a Performance
- Consultant

2013

- Professional Dancer.
- GB and Olympic Skiers.
- GB and Olympic Snowboarder's.
- GB and Olympic Cyclist.
- Snowsport England British Alpine Development Team.
- Home Nations GB Skiers.
- Professional and International Rugby Union Players (Aviva Premiership).
- GB International World Ranked Tennis players (Top 200 ranked).
- GB & Olympic Rower's.
- Professional and International Cricketers.
- Olympic and Commonwealth Judo medal winners

Alongside this Amanda has also worked in Business and Leadership Coaching:

- 2013 Senior Executive coaching to FTSE Technology, Finance, Investment Banking.
- Barclays Bank Wealth Executive Coaching.
- ATOS Senior Technology Management pre-London 2012 Olympic Games.
- Barclays Bank Plc HQ 1, Churchill Place- Seminars, workshops as a Performance • Consultant
- JP Morgan & Chase Workshops and Seminars – leadership, well-being, high performance workshops (motivation, dealing with pressure, dealing with stress & anxiety, developing team effectiveness differences & processes, pressure and Emotional Intelligence, emotions & mood, Understanding and reducing burnout at work).

2014



BARCLAYS BANK PLC – GLOBAL FACULTY OF LEARNING – (1, CHURCHILL PLACE, CANARY WHARF), LONDON. E14 5RB WORKING GLOBALLY AS A LEADERSHIP, BEHAVIOURAL CHANGE, SPECIALIST & PERFORMANCE PSYCHOLOGIST ACROSS FUNCTION (INVESTMENT BANKING, LEGAL, COMPLIANCE, FX, RETAIL)

London
New York
Washington
San Francisco
LA
Singapore
Jo burg
Hong Kong
UK
Asia
India
Pakistan
Middle East - Africa's

Present JP Morgan & Chase JP Morgan & Chase Workshops and Seminars – leadership, well - being, high performance workshops (motivation, dealing with pressure, dealing with stress & anxiety, Developing team effectiveness differences & processes, pressure and Emotional Intelligence, emotions & mood, Understanding and reducing burnout at work; mood and performance)

- UK, London, (Canary Wharf) Bankside & Bournemouth, Glasgow
- New York & US offices
- Abellio Holdings limited (4-6month contract) Leadership and implementation of bespoke High-Performance sport psychology support, to win the Northern Bid (Railway network) worth 8million.

Believe Consulting currently offers Sport Psychology support to the following sports and arts:

- Olympic Gymnastics
- GB & Olympic Skiing
- Water skiers Cricketers.
- Professional football (Female & Male Premiership) & Youth Academy Tottenham FC (Spurs) & Chelsea FC
- International Professional Tennis players (ATP) players (Top 200)
- International and professional Rugby Players (Premiership)
- Olympic & GB Rowers
- Scotland & Ireland international Rugby players
- Professional and International Cricketers

2015-PRESENT

BARCLAYS BANK PLC – GLOBAL FACULTY OF LEARNING – (1, CHURCHILL PLACE, CANARY WHARF), LONDON. E14 5RB WORKING GLOBALLY AS A LEADERSHIP SPECIALIST & PERFORMANCE PSYCHOLOGY CONSULTANT ACROSS FUNCTION (INVESTMENT BANKING, LEGAL, COMPLIANCE, FX, RETAIL)

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JP Morgan & Chase JP Morgan & Chase Workshops and Seminars – leadership, well - being, high performance workshops (motivation, dealing with pressure, dealing with stress & anxiety, Developing team effectiveness differences & processes, pressure and Emotional Intelligence, emotions & mood, understanding and reducing burnout at work; mood & performance)

- UK, London, (Canary Wharf) Bankside & Bournemouth, Glasgow, New York & US offices

Believe Consulting currently offers Sport Psychology support to the following sports and arts:

- GB Olympic Gymnastics
- GB & Olympic Skiing
- Professional Premiership football (Female & Male Premiership) & Youth Academy Tottenham FC (Spurs) & Chelsea FC
- Professional Water-skiers
- International Professional Tennis players (ATP) players (Top 200)
- International and professional Rugby Players (Premiership)
- Olympic & GB Rowers
- Scotland & Ireland international Rugby players
- Professional and International Cricketers & Professional Squash players

2016-PRESENT

BARCLAYS BANK PLC – GLOBAL FACULTY OF LEARNING – (1, CHURCHILL PLACE, CANARY WHARF), LONDON. E14 5RB
WORKING GLOBALLY AS A LEADERSHIP SPECIALIST & PERFORMANCE PSYCHOLOGY PSYCHOLOGIST & BEHAVIOURAL CHANGE
CONSULTANT ACROSS FUNCTION (INVESTMENT BANKING, LEGAL, COMPLIANCE, FX, RETAIL)

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JP Morgan & Chase JP Morgan & Chase Workshops and Seminars – leadership, well - being, high performance workshops (motivation, dealing with pressure, dealing with stress & anxiety, Developing team effectiveness differences & processes, pressure and Emotional Intelligence, emotions & mood, understanding and reducing burnout at work; mood & performance)

- UK, London, (Canary Wharf) Bankside & Bournemouth, Glasgow, New York & US offices
- PA Consulting London/UK – Workshops and Seminars as a Leadership, Wellbeing and High-Performance psychology performance consultant.
- MFS Investment UK. Performance Psychology behavioural change and High Performance psychology consultant running workshops and seminars for MFS investment UK.

2017

BARCLAYS BANK PLC – GLOBAL FACULTY OF LEARNING – (1, CHURCHILL PLACE, CANARY WHARF), LONDON. E14 5RB. WORKING GLOBALLY AS A LEADERSHIP, CHANGE SPECIALIST & HIGHPERFORMANCE PSYCHOLOGIST ACROSS FUNCTION (WELL-BEING, DEALING WITH PRESSURE, EMOTIONAL INTELLIGENCE, STRESS & ANXIETY, MOOD & PERFORMANCE) (INVESTMENT BANKING, LEGAL, COMPLIANCE, FX, RETAIL)

LONDON, NEWYORK, WASHINGTON, SAN FRANCISCO, LA, SINGAPORE, JO BURG, HONK KONG, UK, ASIA, INDIA, PAKISTAN, MIDDLE EAST, AFRICAS.

JP Morgan & Chase JP Morgan & Chase: Workshops and Seminars – leadership, well - being, Resilience, high performance psychology workshops as a (motivation, dealing with pressure, dealing with stress & anxiety, Developing team effectiveness differences & processes, pressure and Emotional Intelligence, emotions & mood, understanding and reducing burnout at work; mood & performance)

- UK, London, (Canary Wharf) Bankside & Bournemouth, Glasgow, New York & US offices
- 2017 -Westpac Corporation Bank (London, UK, and Europe) as well as Global. Leadership, Behavioural Change, Resilience, Pressure & well-being performance psychologist/ consultant.
- 2017- MFS Investment UK Psychology behavioural change and HighPerformance psychology consultant running workshops and seminars for MFS Investment UK.

Believe Consulting currently offers Sport Psychology support to the following sports and arts:

- GB Olympic Gymnastics
- GB & Olympic Skiing
- Professional Water skiers
- International Professional Tennis players (ATP) players (Top 200)
- International and professional Rugby Players (Premiership)
- Olympic & GB Rowers
- Scotland & Ireland international Rugby players
- Professional and International Cricketers.
- Female Olympic athletes
- Professional Dancers
- Performance Psychologist for NFBA UK (National Fast Bowling Academy UK)
- Professional Premiership football (Female & Male Premiership) & Youth Academy Tottenham FC (Spurs)
- International Fencers
- Professional Squash players

2018-PRESENT

BARCLAYS BANK PLC – GLOBAL FACULTY OF LEARNING – (1, CHURCHILL PLACE, CANARY WHARF), LONDON. E14 5RB. WORKING GLOBALLY AS A LEADERSHIP, CHANGE SPECIALIST & HIGH PERFORMANCE PSYCHOLOGIST (DEALING WITH PRESSURE, EMOTIONAL INTELLIGENCE & GROWTH MINDSET, WELL-BEING, MOOD, EMOTIONS, STRESS AND ANXIETY AS WELL AS BURNOUT IN THE WORKPLACE) ACROSS FUNCTION (INVESTMENT BANKING, LEGAL, COMPLIANCE, FX, RETAIL)

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Jo burg
Hong Kong
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Asia
India
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- Professional Water skiers
- International Professional Tennis players (ATP) players (Top 200)
- International and professional Rugby Players (Premiership) • International Fencers
- Scotland & Ireland international Rugby players
- Professional and International Cricketers.
- Female Olympic athletes
- Professional Dancers
- Performance Psychologist for NFBA UK (National Fast Bowling Academy UK) • GB & international Badminton players

2018-PRESENT

JP Morgan & Chase JP Morgan & Chase: Workshops and Seminars – leadership, well - being, Resilience, high performance psychology workshops as a (motivation, dealing with pressure, dealing with stress & anxiety, Developing team effectiveness differences & processes, pressure and Emotional Intelligence, emotions & mood, understanding and reducing burnout at work; mood & performance)

- UK, London, (Canary Wharf) Bankside & Bournemouth, Glasgow, New York & US offices
- 2018 - Westpac Corporation Bank (London, UK, and Europe) as well as Global. Leadership, Behavioural Change, Resilience, Pressure & well-being performance psychologist/ consultant.
- 2018-Named Supplier as behavioural Change / Leadership & High Performance psychologist/ Consultancy specialists for Kierhighways Limited contract/ SMARTHIGHWAYS Project and winning the bids & Tender for SMARTHIGHWAYS /Highways England, behavioural Change & High Performance Psychology change / Leadership Development, Dealing with pressure, support worth 5Billion as a partner for KierHighways Limited.
- 2018- MFS Investment UK. Performance Psychology, behavioural change and High-Performance psychology consultant running workshops and seminars for MFS.

2019



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- GB & Olympic Skiing • Professional Premiership football (Female & Male Premiership) & Youth Academy Tottenham FC (Spurs) & Chelsea FC
- Professional Water skiers
- International Professional Tennis players (ATP) players (Top 200)
- International and professional Rugby Players (Premiership)
- International Fencers
- Scotland & Ireland international Rugby players
- Professional and International Cricketers.
- Female Olympic athletes • Professional Dancers
- Performance Psychologist for NFBA UK (National Fast Bowling Academy UK)
- GB & International Badminton players
- International Premiership Footballers • Youth County Elite Cricketers

2019

JP Morgan & Chase JP Morgan & Chase Workshops and Seminars – leadership, well - being, Resilience, Behavioural change, high performance workshops as a performance psychologist (motivation, dealing with pressure, dealing with stress & anxiety, emotional Intelligence & Developing team effectiveness differences & processes, pressure and Emotional Intelligence, emotions & mood, understanding and reducing burnout at work; mood & performance)

- UK, London, (Canary Wharf) Bankside & Bournemouth, Glasgow, New York & US offices
- 2019- Westpac Corporation Bank (London, UK, & Europe) as well as Global. Leadership, Resilience, Pressure, Behavioural Change & well- being performance psychologist /consultant.

2020



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- International Professional Tennis players (ATP) players (ATP Top 200)
- International and professional Rugby Players (Premiership)
- Scotland & Ireland international Rugby players
- Performance psychologist for NFBA UK (National Fast Bowling Academy UK)
- Professional and International Cricketers.
- International Fencers
- GB & International Badminton players
- Professional Dancers
- International Professional Footballers
- Elite County Cricketers (Youth)

2020

JP Morgan & Chase JP Morgan & Chase Workshops and Seminars – leadership, well - being, Resilience, Behavioural change, high performance workshops as a performance psychologist (motivation, dealing with pressure, dealing with stress & anxiety, emotional Intelligence & Developing team effectiveness differences & processes, pressure and Emotional Intelligence, emotions & mood, understanding and reducing burnout at work; mood & performance)

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